



Odyssey Conference

Educating the Acute and Critical Care Nurse

March 8, 2022

Tuesday, 8:00 am - 4:50 pm

Virtual Event

Jointly provided by the Greater Richmond Area Chapter of the American Association of Critical-Care Nurses
and VCU Health Continuing Education



Schedule

Register online at vcu.cloud-cme.com/Odyssey2022

Course description

The Odyssey Conference is designed to meet the current learning needs of nurses involved in the care of acute and critically ill patients, continuously advancing their practice while also fostering personal resiliency. This year's conference builds on the perseverance of the nursing community in overcoming remarkable challenges, as we focus on our current theme: "Rooted in Strength."



Target audience

This activity is designed for acute and critical care nurses, as well as others across various disciplines interested in expanding their knowledge of emerging care options.

Course objectives

At the conclusion of this activity, learners will be able to:

- Identify strategies for preventing pressure injuries for pediatric and adult patients.
- Recognize unconscious bias and determine strategies to interrupt bias from impacting decisions.
- Explore interventions to equip preceptors to be engaged and empowered in incorporating novice nurses into teams.
- Identify and list lung protective strategies utilized within the Acute Respiratory Distress Syndrome Clinical Network (ARDSNet) protocol.
- Discuss treatment approaches and systemic improvements to optimize outcomes in pediatric sepsis cases.
- Discuss the impact of nursing-sensitive indicators on patient outcomes and identify collaborative approaches to decrease these indicators.
- Consider impacts of and emerging therapies for long-term COVID recovery.
- Explore strategies for personal wellness and resiliency for health care professionals.

Exhibit and poster information

Exhibits and posters will be available to view in the virtual exhibit hall at any time throughout the conference. Exhibitors and poster presenters will be available to interact live with attendees via videoconference at designated times during the conference. See agenda for live interaction times.

Tuesday, March 8

A.M.

7:30 **Exhibit hall - Live interaction with exhibitors**

8:00 **Welcome and opening remarks**
Ruth Bielke, MSN-Ed, RN, NPD-BC
Audrey R. Roberson, PhD, RN

8:10 **Pressure injuries, proning, pediatrics, and pandemics: Putting the pieces together**
Heather Hedges, BSN, RN

9:00 **Poster presentations**

9:30 **Break**
Visit the virtual exhibit hall for live interaction with exhibitors and poster presenters

10:00 **President's address: *Rooted in strength***
Beth Wathen, MSN, RN

10:50 **Understanding and interrupting unconscious bias**
Marcelle Davis, MBA

11:45 **Extended Break**
Visit the virtual exhibit hall for live interaction with exhibitors

P.M.

12:00 **Meet & Greet with AACN President**
Beth Wathen, MSN, RN

12:30 **Equipping and supporting the next generation of nurses**
Hannah Balow, BSN, RN; Jacqui Broyles, MSN, RN; Latoria Carter, RN; and Katherine T. Parker, MEd, BSN, RN

1:30 **Breakout sessions**
Option A - Lung protective strategies utilizing the ARDSNet protocol
Tina Fleming, MEd, BSRT

Option B - Pediatric sepsis updates: Optimizing outcomes using the latest evidence
Beth Wathen, MSN, RN

2:15 **Break**
Visit the virtual exhibit hall for live interaction with exhibitors

2:45 **Nursing-sensitive indicators: More than just the bedside**
Christoph Lecznar, BSN, RN

3:45 **Reflections on COVID-19**
Kathleen Anderson, MSN, ACNP-BC; Nikki Dotson-Lorello, BSN, RN; and RJ Redstrom, MEd

4:45 **Closing remarks**
Jacqueline Renee Crawford, MSN, RN

GRAC and conference committee leadership

Ruth Bielke, MSN-Ed, RN, NPD-BC, PCCN

President, GRAC

Nurse-centric Education and Development Specialist

Adjunct Faculty, South University School of Nursing

Owner, Luminous, LLC

Audrey R. Roberson, PhD, RN, CPAN

President-Elect, GRAC

Odyssey Committee Chair

Nurse Manager, Medical Respiratory Intensive Care Unit

VCU Health

Jacqueline Renee Crawford, MSN, RN, PCCN

Odyssey Committee Co-Chair

Clinical Nurse III

VCU Health

Conference faculty

Kathleen Anderson, MSN, ACNP-BC

Nurse Practitioner

LGS Legacy Care

Virginia Beach, VA

Hannah Balow, BSN, RN

Clinical Nurse I

Cardiothoracic Surgery Progressive Care

VCU Health

Richmond, VA

Jacqui Broyles, MSN, RN, NPD-BC

Nursing Professional Development Specialist

Nurse Residency Program Coordinator

Education & Professional Development

Richmond, VA

Latoria Carter, RN, CCRN

Critical Care Registered Nurse, Surgical

Intensive Care Unit

Central Virginia VA Health Care System

Richmond, VA

Marcelle Davis, MBA

Vice President and Chief Diversity Officer

VCU Health

Richmond, VA

Nikki Dotson-Lorello, BSN, RN, CCRN

Staff Nurse, Post-Anesthesia Care Unit

Carolinas Medical Center, Atrium Health

Charlotte, NC

Tina Fleming, MEd., BSRT, RRT-NPS

Director, Respiratory Care and Sleep Disorders Center

CJW Medical Center, HCA Healthcare Virginia

Richmond, VA

Conference committee members

Marian Altman, PhD, RN, CNS-BC, CCRN-K

Kimberly Clark, MSN, RN, CCRN

Maria Hazel Cohan, DNP, AGACNP-BC, PCCN, AACC

Jane Marie Corker, MSN, RN

Deborah Degraba, RN

Kristen Gill, BSN, RN

Kitty Hardee, BSN, RN

Susan Lomicka, BSN, RN

Pamela Mahan, MSN, RN

Lisa Mayer, MSN, RN

Charul Patel, BSN, RN, CCRN

Jennifer G. Powers, MSN, RN, CCRN, CN IV

Mary Rainess, RN, MS, RN, NPD-BC

Allison Scott, MS Ed

Kathleen Taylor, BSN, RN, PCCN

Beth Torres, PhD, RN, CCRN, TCRN

Heather Hedges, BSN, RN, CWOCN

Wound, Ostomy and Continence Nurse

Inpatient Surgical Services

Central Virginia VA Health Care System

Richmond, VA

Christoph Lecznar, BSN, RN, CCRN, TCRN

Interim Nurse Clinician, Surgery Trauma ICU

VCU Health

Richmond, VA

Katherine Parker, M.Ed, BSN, RN, NPD-BC

Nursing Professional Development Specialist

Education & Professional Development

VCU Health

Richmond, VA

RJ Redstrom, MEd

Vice President, Human Resources

Chippenham Hospital

Richmond, VA

Beth Wathen, MSN, RN, CCRN-K

AACN President

Clinical Practice Specialist

Pediatric Intensive Care Unit

Children's Hospital Colorado

Aurora, CO

Disclosure statement

In compliance with ACCME standards, all planner and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

Accreditation and credit



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In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and

the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health Continuing Education designates this live activity for a maximum of 7.50 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Certificates of participation are provided to attendees not eligible for ANCC credits.

Registration

Register online at vcu.cloud-cme.com/Odyssey2022

Registration rates

\$125 General Registration

\$100 Member Registration (GRAC/AACN Region 4 only)

Register online by March 2, 2022.

Cancellation policy

Registration fee, less a 15% non-refundable administrative fee, will be refunded only if written notice of cancellations is received via email to ceinfo@vcuhealth.org by February 21, 2022. There will be no refunds after this date.

Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, use, or otherwise disseminate, in perpetuity, such media without any further approval or any payment to you.

Questions?

Contact VCU Health Continuing Education
ceinfo@vcuhealth.org | 804.828.3640

If special accommodations are needed, please contact us at the phone number or email address above.

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